

Newcastle Ballet Theatre

Pre-Professional Programs - Term 3, 2022 - Weeks 1-5

M	1.45-3.15 3.15-4.00 4.00-5.00	Open Ballet Pointe Cert 3 & Diploma Theory	SH SH SE
T	11.00-11.45 11.45-1.15 1.15-2.00 2.30-3.45	Warm Up Open Ballet Class Pointe/Variations Contemporary/Individual Programs/Pilates	KT KT KT BT
W	9.30-10.15 10.15-11.00 11.00-12.45 1.15-2.15 2.30-3.45	Dance Appreciation Warm Up Open Ballet Anatomy/Nutrition Contemporary	RV KT RV SE BL
TH	10.00-11.30 12.00-12.45 12.45-2.00 2.00-2.45 2.45-3.45	Open Ballet Class Pilates Contemporary Variations/Rehearsal Gyrotonics	KT BT BT KT SH
F	9.30-10.15 10.15-12.00 12.00-1.00 1.30-2.30	Warm Up Open Ballet Pointe Repertoire	SH SH SH SH
S	9.30-10.15 10.30-12.00 12.15-1.00 1.30-2.30	PS/Snr/FT warm up Pre/Snr/FT Open Ballet Pre/Snr/FT Pointe Rehearsal	KT RV KT KT/RV