

Newcastle Ballet Theatre

ENROLMENT FORM - ADULT BALLET

All ages from 16yrs are welcome!

We will endeavour to make this a fun, friendly and informal class for those who have always wanted to learn the art of dance, or those more experienced, who are returning to dance. These classes are open to all levels of fitness and include a body conditioning warm up, a series of barre exercises and centre practice. The benefits include improvement in flexibility, strength and body awareness and is a fantastic way to tone your body and get fit while experiencing the joys of dance.

What to wear: it is not necessary to wear a leotard and tights but you are welcome to if you wish. It is recommended that you wear something fitted and comfortable, such as jazz pants or leggings.

Footwear: Ballet shoes or socks.

Name:.....

Address:.....Postcode.....

Phone:email.....

Previous Dance Experience, if any:.....

Medical Concerns: Do you have any illness or allergies we should be aware of? Yes / No If yes, please give details below:

.....

Emergency Contact: In case of an emergency, please advise contact details:

Name.....Mobile Phone No:.....

Relationship to student:.....

In the event of a medical emergency, and where my emergency contact cannot be notified, I authorise Newcastle Ballet Theatre to act in my best interest, to seek medical advice for me and if necessary, call for an ambulance to be taken to the hospital.

It is understood and agreed that all students dance at their own risk and no liability, under any circumstances, shall be undertaken by the Principals or teacher for injury or loss of personal effects of clothing.

Print Name:

Signed:.....Dated:.....

Enrolment forms can be handed in when attending your first class, or alternatively you can email to
nbt1@live.com.au

STUDIO ADDRESS: 1/89 Mitchell Rd, Cardiff NSW 2285

Co-Principals: Rider 0401 214 042 Kristy 0434 417 454