

# NEWCASTLE BALLET THEATRE

## Full Time Timetable - Term 1, 2018

### STUDIO 1

#### Tuesday

9:15-10:00	Student's Own Warm up	
10:00-11:45	Open Ballet	(RV)
11:45-12:30	Pointe	(KT)
1:00-2:00	Repertoire	(RV/KT)
2:00-2:30	Cert 4 - Theory	(OP)
2:30-3:00	Diploma Theory	(OP)
3:00-4:00	Choreography	

#### Wednesday

9:15-10:00	Conditioning	(KT)
10:00-11:45	Open Ballet	(KT)
11:45-12:45	Pas de Deux	(RV)
1:15-2:30	Contemporary	(BDB)
2:30-3:30	Dance Appreciation	(RV)

#### Thursday

9:00-10:00	Yoga	(AH)
10:00-11:30	Open Ballet	(MA)
11:30-12:30	Pointe	(MA)
1:00-2:00	Dance History	(MA)
2:00-2:45	Anatomy - Diploma	(OP)
2:45-4:00	Contemporary	(BL)

#### Friday

9:30-10:15	Stretch	(KT)
10:30-12:15	Open Ballet	(JW)
12:15-1:15	Pointe	(JW)
1:45-2:45	Variations	(JW & RV)
2:45-4:00	Competition Coaching	(JW)
2:45-3:45	Pilates	(BDB)
4:00-5:30	Pre/Snr/FT Open Ballet	(MA)
5:30-6:30	Pre/Snr/FT Jazz	(BDB)

#### Saturday

9:30-10:30	Pilates	(JM)
10:30-12:00	Pre/Snr/FT Open Ballet	(RV)
12:00-12:45	Pre/Snr/FT Pointe	(KT)
1:15-2:15	Pre/Snr/FT Pas de Deux	(RV)
2:15-3:15	Eisteddfod Groups	(KT & RV)

### STUDIO 2

Boys - Strength/Weights (RV)

Diploma - Rehearsal (RV/KT)

Cert 4 - Rehearsal (RV/KT)

Boys Coaching (RV)

Anatomy - Cert 4 (BL)

Boys Coaching (RV)

KT - Kristy Tancred

MA - Meg Akerman

BDB - Bronte Della Bosca

RV - Rider D. Vierling

JW - Julie Wells

AH - Alexa Haddow

BL - Belle Leonard

OP - Olivia Pickard

JM - Julieanne McVey