

# Newcastle Ballet Theatre

Full Time - Term 1 Timetable - 2017

## Studio 1

## Studio 2

### TUESDAY

9:00-9:45	Progressive Ballet/Warm up	(SE)	
9:45-11:15	Open Ballet	(SE)	
11:15-12:00	Pointe	(KT)	11:15-12:00 Boys Coaching (RV)
12:30-1:45	Contemporary	(SE)	
2:00-3:00	Mid Year Concert Rehearsal	(KT/RV)	
3:00-4:00	Certificate Theory		

### WEDNESDAY

9:15-10:00	Student own warm up		
10:00-11:30	Open Ballet	(RV)	
11:45-12:45	Pas de Deux	(RV)	
1:30-2:30	Mid Year Concert Rehearsal	(KT)	
2:30-3:30	Choreography	(RV)	
3:30-4:15	Dance Appreciation - Studio 3	(RV)	

### THURSDAY

9:00-10:00	Yoga	(AH)	
10:00-11:30	Open Ballet	(MA)	
11:30-12:30	Pointe	(MA)	11:30-12:30 Boys Coaching (RV)
1:00-2:00	Dance history	(MA)	
2:00-3:00	Jazz	(SE)	
3:00-4:00	Certificate Theory	(OP)	3:00-4:00 Non-Cert. Coaching

### FRIDAY

9:30-10:30	Conditioning class	(KT)	
10:30-12:00	Open Ballet	(KT)	
12:00-12:45	Nutrition	(EM)	
1:15-2:30	Contemporary	(SE)	
2:30-3:30	Yoga	(AH)	
4:00-5:30	Open Ballet	(MA)	
5:30-6:00	Pointe	(MA)	5:30-6:00 Boys Strength - Studio 3(RV)

### SATURDAY

9.30 - 10.30	Pilates	(JM)	
10.30 - 12.00	Pre-Senior/Senior/FT Ballet	(RV)	
12.00 - 12.45	Senior/FT Pointe	(KT)	12.00 - 12.45 Boys Coaching (RV)
1.15 - 2.15	L5/Senior/FT Pas de Deux	(RV)	
2.30 - 4.00	AHA Variations	(RV/KT)	