

Newcastle Ballet Theatre

Full Time - Term 2 Timetable - 2017

Studio 1

Studio 2

TUESDAY

| | | | |
|-------------|----------------------------|------|--------------------------------|
| 9:00-9:45 | Progressive Ballet/Warm up | (SE) | |
| 9:45-11:15 | Open Ballet | (SE) | |
| 11:15-12:00 | Pointe | (SE) | 11:15-12:00 Boys Coaching (RV) |
| 12:30-1:45 | Contemporary | (SE) | |
| 2:00-3:15 | Mid Year Concert Rehearsal | (KT) | |
| 3:15-4:00 | Dance Appreciation | (RV) | |

WEDNESDAY

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|------------|--------------------|------|----------------------|
| 9:00-9:45 | Student Warm Up | | |
| 9:45-11:15 | Open Ballet | (RV) | |
| 11:30-1:00 | Choreography | (RV) | |
| 1:30-2:30 | Girls Variations | (KT) | Boys Variations (RV) |
| 2:30-3:30 | Pas de Deux | (RV) | |
| 3:30-4:30 | Certificate Theory | | |

THURSDAY

| | | | |
|-------------|--------------------|------|--------------------------------|
| 9:00-10:00 | Yoga | (AH) | |
| 10:00-11:30 | Open Ballet | (MA) | |
| 11:30-12:30 | Pointe | (MA) | 11:30-12:30 Boys Coaching (RV) |
| 1:00-2:00 | Dance history | (MA) | |
| 2:00-3:00 | Jazz | (SE) | |
| 3:00-4:00 | Certificate Theory | (OP) | 3:00-4:00 Non-Cert. Coaching |

FRIDAY

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|-------------|--------------------|------|--|
| 9:30-10:30 | Conditioning class | (KT) | |
| 10:30-12:00 | Open Ballet | (KT) | |
| 12:00-12:45 | Nutrition | (EM) | |
| 1:15-2:30 | Contemporary | (SE) | |
| 2:30-3:30 | Yoga | (AH) | |
| 4:00-5:30 | Open Ballet | (MA) | |
| 5:30-6:00 | Pointe | (MA) | 5:30-6:00 Boys Strength - Studio 3(RV) |

SATURDAY

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|-------------|-----------------------------|---------|--|
| 9.30-10.30 | Pilates | (JM) | |
| 10.30-12.00 | Pre-Senior/Senior/FT Ballet | (RV) | |
| 12:15-1:15 | Pas de Deux | (RV) | |
| 1:45-3:30 | Classical Group Rehearsal | (KT/RV) | |