

NEWCASTLE BALLET THEATRE

2019 Full Time Information Package



2018 NBT Full Time Graduate Lillia Grubb – Semi Finalist 2018 Sydney Eisteddfod Ballet Scholarship
Accepted into the Ballet Theatre Australia Pre-Professional year 2019

Photo Credits throughout - Mel Young Photography
NBT - ABN 183 3761 4591

www.newcastleballettheatre.com.au

About the Program

The Full Time Program is designed for the serious student wishing to pursue a career in dance. The course aims to increase, improve, and refine technique, strength, knowledge and presentation. In addition, students in the program have the opportunity to receive private coaching, helping to build them into not only stronger technicians and dancers, but also intelligent artists - ultimately preparing the student to enter directly into the professional dance world.

Our Full Time Dancers train approximately 30 hours a week, Tuesday - Saturday. In addition, Full Time Dancers will have access to all of NBT's the after school classes.

NBT annually performs classical ballet productions – such as Cinderella, Paquita, The Nutcracker, Swan Lake Act II, and The Sleeping Beauty.

All of NBT's teachers have enjoyed substantial careers as professional dancers and teachers.

This is a ballet and dance based course only. Academic studies can be continued through the Department of Distance Education or Home Schooling, arranged by individual students and families. NBT provides facilities and study time, built into the daily schedule as needed. Students wishing to attend our Full Time course, but do not wish to undertake a Qualification, participate in practical assessments alongside the Qualifications study times. As with International students, Non-Qualification students are issued an assessment report at the end of the year.

While NBT focuses on classical ballet, using a mix of Open classes and the Australian Conservatoire of Ballet Syllabus as the basis of training, there is also an emphasis on becoming a complete and well rounded dancer. Our Qualifications courses assist in that aim by structuring the course of study over a variety of related subjects.



2019 NBT Full Time Dancer Isabella Horsnell



2018 Full Time Graduate
Sasha Dubrovsky
Now an apprentice with
Austinmer Dance Theatre

All Certificate courses offered under Auspice partnership with ATOD RTO #31624

CUA40113 Certificate IV in Dance

Delivery - Full Time. Entry by audition only

By deepening knowledge, strength, and technique, this Certificate is designed as an introduction to the demands of the professional field for the more advanced student. Encompassing a wide range of subjects, and expanding knowledge of each, the Certificate IV in Dance is the ideal pathway for a Full Time student to increase the intensity of their training, with a focus on their future professional career.

CUA50113 Diploma in Dance (Elite Performance)

Delivery - Full Time. Entry by audition only

CUA50113 Diploma of Dance (Elite Performance) provides excellent training for advanced level dancers who aspire to perform at a professional level. This course is for students seeking to enhance technical proficiency, strengthen technical and artistic foundations, and broaden repertoire. Students learn how to showcase their individual talents with an emphasis on choreography, improvisation, solo performance and ensemble techniques.

Non Qualification Course

Dancers wishing to pursue full time training without studying toward a Certificate, are welcome at NBT. As the course is ballet based, dancers who have already achieved an Australian Qualification at or above Certificate IV, or who simply wish to further their training, will benefit greatly from NBT's well regarded faculty and training methods.

International Students

Please Note: NBT can accept international enrolments, however NBT cannot issue an Australian Qualification to international students. International students may complete the dance program, will be issued with a record of attendance, and can be provided all assessments for verification. For any further information, please contact the Principals.

Auditions

Auditions are taken privately during Terms 3 & 4 at our studios in Cardiff, NSW or via video submission.

Video Requirements - DVD, USB, or online link accepted

Barre - Plies, Battement Tendu with Jete/Glisse, Battement Fondu with Adage, Grand Battement

Centre - Battement Tendu with Pirouette, Petit Allegro, Grand Allegro

Short Contemporary Sequence (Maximum of 3 minutes)

OR

Clear video of Classical AND Contemporary Eisteddfod/Competition solo

*A non-refundable fee of \$40.00 is payable. Please contact the studio for payment details.

Education

For students who wish to continue their academic studies whilst dancing full time, there are options available. The examples below offer continuing secondary education via distance programs. Please Note: This is at the expense of the students. If students have completed and received a distinction in an Intermediate exam from either the RAD or Cecchetti syllabi, they are able to complete their education via a NSW distance education program, such as Sydney Distance Education High School. However, if students have not completed RAD or Cecchetti Intermediate exam, they will need to contact the Cairns School of Distance Education.

Full Time students have access to NBT's Wi-Fi, as well as a student computer available to access to their on line portal for their Certificate Theory Work, or academic studies as needed.

Sydney Distance Education High School

Telephone: (02) 9383 0200 Fax: (02) 9383 0222 email: sydneyh-d.school@det.nsw.edu.au

Cairns School of Distance Education

Telephone: +61 7 4080 9111 Fax: +61 7 4080 9100 email: admin@cairnssde.eq.edu.au

Facilities

NBT offers purpose-built studios, with three spacious, air-conditioned studios. Each studio features sprung wood floors, Harlequin tarkett Studio vinyl, mirrors and ballet barres, which are all of professional quality.

In addition we have a gym and spacious male & female changerooms.

Protecting our dancers' bodies is our top priority. Sprung wood floors and tarkett are forgiving to bodies, help reduce injuries, and are the safe alternative to the average dance floor.

As our facility is located in Cardiff, we are easily accessible from the Macquarie Hills, Warners Bay, Glendale, Garden Suburb, Kotara, Cameron Park, Broadmeadow, Adamstown, Wallsend & Charlestown areas, as well as the Cardiff train station.

Uniforms

Classical Ballet

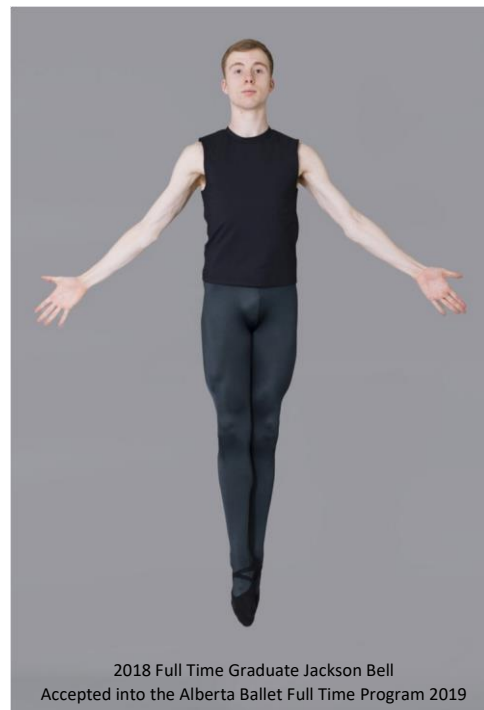
Female Dancers: Black Leotard (any style)
pink tights
Canvas Ballet or Demi Pointe Shoes
Pointe Shoes, Black half Tutu

Male Dancers: White or Black Fitted Tank
Black tights
Black Ballet shoes

Contemporary

Female Dancers: Class leotard
Black tights
Contemporary socks, ballet shoes, or bare feet

Male Dancers: Class Tank
Black tights
Contemporary socks, ballet shoes, or bare feet



All of the above Uniform items can be purchased through our Uniform partners Flight Dance Supplies.

www.flightdance.com.au



CUA40113 Certificate IV in Dance

This Certificate is designed as an introduction to the demands of the professional field for the advanced student, by deepening their knowledge, strength, and technique. Encompassing a wider range of subjects, and expanding knowledge of each, the Certificate IV in Dance is the ideal pathway for a Full Time student to increase the intensity of their training, with a focus on their future professional career.

Core Units

CUACHR403
Develop choreography

CUADAN303
Develop dance partnering techniques

CUADAN407
Develop expertise in dance performance technique

CUAPRF404
Refine movement skills for performance

CUAPRF405
Rehearse technique for performance

CUAWHS401
Apply movement and behavioural principles to physical conditioning

CUAPRP404
Develop self as artist

Elective Units

CUACHR401
Create and perform dance pieces

CUAPRF406
Use technique in performance

CUADAN408
Develop expertise in ballet technique

CUADAN409
Develop expertise in contemporary dance technique

HLTAID003
Provide first aid

CUAWHS301
Condition the body for dance performance

CUAPPM401
Contribute to the organisation of productions

Entry Requirements

Required level of attainment needed prior to commencing CUA40113 Certificate IV in Dance:

Certificate III in Dance

OR

Completion of ACB Syllabus Level 4, or equivalent dance syllabus

OR

Appropriate level of technique, as determined by the Principals, displayed in a successful audition either in person, or via video submission.

Course Length

Full time – 1 year

Approved Concession options

Austudy/ Abstudy Youth Allowance
Bloch Dancewear 20% Discount Card
Opal Concession Card

CUA50113 Diploma in Dance (Elite Performance)

CUA50113 Diploma of Dance (Elite Performance) provides excellent training for advanced level dancers who aspire to perform at a professional level. This course is for students seeking to enhance their technical proficiency, strengthen foundations and broaden their repertoire. Students will learn how to showcase their individual talents with an emphasis on choreography, improvisational, solo performance and ensemble techniques.

Core Units

CUAPRF503

Prepare for performances in a competitive environment

CUAPPR502

Develop own sustainable professional practice.

CUADAN501

Refine Ballet technique

CUADAN505

Refine contemporary dance technique

CUAPRF405

Rehearse technique for performance

CUADAN50

Refine dance partnering technique

CUAWHS403

Incorporate anatomy and nutrition principles into skill development

CUADAN502

Refine ballet performance skills

CUAPRF501

Refine performance technique

Elective Units

CUADAN504

Perform ballet solo variations

CUADAN509*

Refine Pointe Work techniques

CUAWHS402**

Participate in gym and weight training for Performances

CUAWRT501

Write About Dance

CUACHR501

Create and perform complex dance pieces

CUACHR601

Create choreography for stage and screen

HLTAID003

Provide first aid

CUAMUP501

Apply theatrical make-up

CUAPRF402

Develop conceptual and expressive skills as a performer

* Elective unit for female students

** Elective unit for male students

Entry Requirements

Required level of attainment needed prior to commencing CUA50113 Diploma in Dance (Elite Performance):

Certificate IV in Dance

OR

Completion of ACB Syllabus Level 5, or equivalent dance syllabus

OR

Appropriate level of technique, as determined by the Principals, displayed in a successful audition either in person, or via video submission.

Course Length

Full time – 1 year

Approved Concession options

Austudy/ Abstudy Youth Allowance
Bloch Dancewear 20% Discount Card
Opal Concession Card

Alumni

Whether ultimately pursuing Classical Ballet, Contemporary, Commercial dance, or Choreography, former dancers of NBT have earned placements into some of the most prestigious institutions in Australia and abroad, such as The Australian Ballet School, the Australian Conservatoire of Ballet, Rambert School of Ballet and Contemporary Dance, Queensland Ballet Pre-Professional Year, Sydney Dance Company Pre-Professional year, Victorian State Ballet Secondments and Pre-Professional Year, Transit Dance, Ballet Theatre of Australia pre-Professional year, Alberta Ballet School, Ballet Arizona Summer & Trainee Programs, Ballet Oklahoma Summer & Trainee Programs, Elephant in The Black Box Training Programs, among numerous others.



"Newcastle Ballet Theatre reflects the people that Rider and Kristy are: nurturing and professional. Having a successful professional career themselves, they not only understand the physical technique needed for a professional career but also the mental strength that is equally important. I wouldn't be the dancer or person I am today, if it hadn't been for their wealth of knowledge and continual guidance."

- **Rebecca Mottin**, graduate Australian Conservatoire of Ballet & dancer with English National Ballet's Swan Lake

My time at Newcastle Ballet Theatre provided me with both the technical and mental foundations I needed to continue to achieve my goals. Under the careful direction of the NBT faculty I gained knowledge and experience that has helped me in every aspect of my training to this date.

- **Callyn Farrell**, dancer with Queensland Ballet Pre-Professional Year, 2016



Rider and Kristy provide a supportive and fun atmosphere for everyone wanting to pursue dance. They take everyone at the studio very seriously. All you need is a passion for dance and you can grow. I would not be the dancer I am today without my time with them.

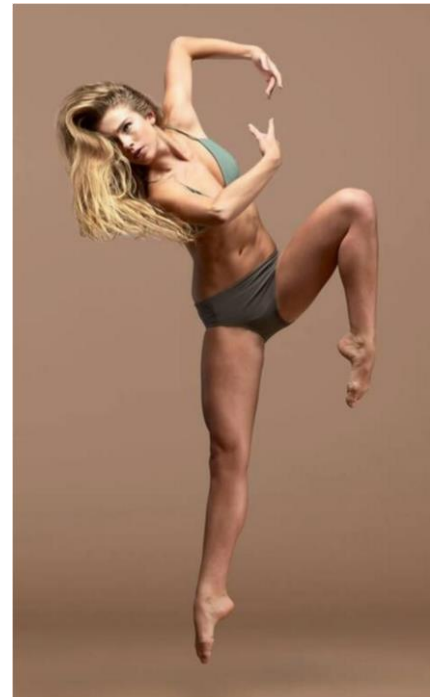
Adrian De Leeuw, dancer with Alonzo King LINES Ballet Training Program



NBTs Full Time Program is fantastic. It's a well-rounded program with all of the essential classes that will improve your technique and creativity. The inclusion of dance appreciation, dance history and choreography subjects provide a depth of knowledge that is so beneficial later in your career. The teachers have so much expertise and energy to share and really get personal with you so that you can push yourself to the limits of your ability.

- **Lewis Formby**, Australian Ballet School
now Corps de ballet Australian Ballet

Jasmine Bard, Sydney Dance Co. PPY 2017
Currently Moulin Rouge, Paris



Newcastle Ballet Theatre's professional, enthusiastic, and supportive teachers have been great role models and mentors to me, and their passion for Ballet is infectious. Not only have they taken my love of ballet as seriously as I have, but they have helped me achieve my dream. I will forever be grateful for their dedication to developing and refining my technique, and encouraging me to be the best dancer and student I can be.

- **Benjamin Anderson**, Australian Ballet School Level 7

NBT Full Time Faculty



Kristy Tancred ARAD - Classical Ballet

Kristy commenced her early training with Dance Unlimited under Tanya Hearne-Keenan. In 1996 she started full time training at Tanya Pearson Classical Coaching Academy & Ballet Theatre of Victoria (now Ballet Theatre Australia) under the direction of Leanne Rutherford.

In 2000, Kristy began a 10 year professional career as a soloist and Principal Dancer with Charleston Ballet Theatre, Augusta Ballet, Ballet Idaho/Eugene Ballet and as a freelance artist. During this time she performed many soloist and principal roles, most notably, The Sugarplum Fairy in The Nutcracker, Odette in Swan Lake, Mina Murray in Dracula, The Queen in The Three Musketeers, Le Corsaire Pas de Deux, and Lar Lubovitch's My Funny Valentine.



Rider D Vierling - Classical Ballet

From Winter Park, Florida in the U.S., Rider began his training with the School of Southern Ballet Theatre (now Orlando Ballet), going on to full time training at the Virginia School of the Arts and Boston Ballet summer programs.

Beginning his professional career with Charleston Ballet Theatre, and later moving on to the Augusta Ballet, Eugene Ballet/Ballet Idaho and as a freelance artist, Rider danced in numerous ballets including the title roles in Romeo and Juliet and Dracula, Prince Siegfried in Swan Lake, Cavalier in The Nutcracker, Pas de Deux and Pas de Trois from Paquita, Grand pas Classique, Lar Lubovitch's My Funny Valentine, and principal roles in Balanchine's Serenade, Tarantella, Allegro Brillante, and Who Cares?



Margaret (Meg) Akerman - ARAD Solo Seal - Classical Ballet

Born in Newcastle, Meg studied with Tessa Maunder. She was awarded her Solo Seal aged 15 before winning a scholarship to finish her studies at London's Royal Ballet School. While at the School Meg demonstrated the Solo Seal syllabus for the Royal Academy of Dancing and was chosen to perform in 'Pineapple Poll' for the annual School Performance at Covent Garden. Shortly afterwards Peggy Van Praagh invited Meg to be a founding member of The Australian Ballet. She initially danced in the corps de ballet, progressing to soloist roles and performing with guest artists including Eric Bruhn, Sonia Arova, Margot Fonteyn, Rudolf Nureyev, and Robert Helpmann before leaving the company to marry and settle in Sydney.

Meg then danced for a few years in a small Sydney based company which is now known as Sydney Dance Company before retiring from the stage and beginning a family. For the next decade Meg worked in various wardrobe departments for stage, film and television programs and was wardrobe mistress at NIDA for 6 years.



Julie Wells ARAD Solo Seal - Classical Ballet Full time Program

Julie trained and performed with the Australian Ballet School and Company, before moving to Sydney to teach for Lorraine Norton, one of Australia's leading teachers and a Royal Academy of Dance Examiner.

Julie was founder and principal of her own studio, with many of her students going on to professional careers in Australia, Europe, UK and the USA.

She is a Tutor with the Royal Academy of Dance and specialises in the training and coaching of students undertaking Royal Academy of Dance Vocational Graded examinations including Solo Seal.

Her continuing international involvement includes preparation of pre-professional students prior to auditions for overseas and local finishing schools and company placement. She is experienced in preparing students through private coaching for events including City of Sydney Eisteddfod, Alana Haines Awards, Prix de Lausanne, Genée International Ballet Competition and Youth America Grand Prix.

NBT Full Time Faculty



Isabelle Leonard - Contemporary

Belle began her training in Taree at Andrea Rowsell Academy of Dance at age 5. In 2010, she went on to study Fulltime training at the National College of Dance under the direction of Marie Walton-Mahon, graduating in 2012 with a Diploma in Dance. She also spent a year studying at NIDA in Sydney completing the Young Actors Studio Course. Isabelle had previously taught at the National College of Dance for 5 years teaching mainly RAD ballet classes, contemporary classes and private lessons, whilst also guest teaching at several workshops and choreographing small contemporary projects. The most recent being for Dance Architect in Melbourne performed at Gasworks Arts Park, 2017. Between 2013 and 2016, Isabelle was the Resident Choreographer for The National Theatre Company working on productions such as Alice in Wonderland.



Bronte Della Bosca - Jazz, Contemporary, Pilates

Bronte completed her formative dance training years with Letitia Polinelli in Cairns before moving to Sydney to focus on Classical and Contemporary Dance training under Janece Graham and Tanya Pearson. During her high school years she performed with the State Dance Company and was awarded Excellence for her NSW HSC Dance results and selected to perform in the Callback Showcase.

Bronte has been an active Dance Teacher working on Sydney's Northern Beaches and completed her Masters in Secondary Dance Education at Deakin University and Bachelor of Fine Arts in Dance Performance at the Victorian College of The Arts. During her time at VCA she performed in a number of professional Contemporary Dance performances choreographed by Stephanie Lake, Lina Limosani, Rebecca Hilton, Natalie Cursio, Gerard Van Dyck and Rochelle Carmichael. She has also performed in Lucy Guerin's Pieces for Small Spaces in 2013, under the choreographic direction of Rebecca Hilton. Bronte was the recipient of the Lionel Gell Foundation Scholarship in Dance at the Victorian College of the Arts in 2013.

Bronte recently completed her Pilates training with a Diploma in Studio Pilates with Polestar.



Olivia Pickard - Qualifications Coordinator, Academic Support

RAD trained from Tiny Tots to Advanced 1, completing all examinations with distinction. Trained in jazz and contemporary. Competed in the Isabelle Anderson awards, Society of dance Australia (S.O.D.A), Sydney eisteddfod and numerous local eisteddfods. Have attended several workshops with the Australian Ballet, Sydney Dance Company, Sarah Boulter and Debbie Linnert (Ellis). Performed in Hunter Dance Festival, State Dance Festival, Starstruck, School Spectacular as well as other school concerts, also selected and performed for HSC dance.

Four years formal teaching experience and choreographing for junior jazz groups, solos, contemporary groups and tiny tot ballet classes at various schools in Newcastle/Maitland. Attended Hunter School of the Performing Arts, majoring in dance. Has obtained her Certificate IV in Dance and Certificate IV in Dance Teaching and Management.

Completed Australian Conservatoire of Ballet, Classical Ballet Training and Assessment Program Pre-primary to Level 4.



Suzanne Tancred - Administrator

Newcastle Ballet Theatre - Full Time Course Audition Form

Student Surname:Given Names:

Age: D.O.B. / / Student email Address:.....

Mobile Phone:..... Preferred Method of Contact.....

If student is under 18 yrs - Parent(s)/Guardian must complete this section:

Parent/Guardian Name/s.....

Address:P.Code.....

Phone: (Hm)(Wk)(Mob).....

Email address:

Dance Training:

Current/previous Ballet School:

Classes taken.....Current hours per week.....

Syllabus studied:..... Current Level:.....

All Qualifications offered under Auspice Partnership with the ATOD RTO #31624

I would like to audition for:

Part Time CUA301 13 Certificate III in Dance	-	Y/N
Full Time NON Qualification Dance Course	-	Y/N
Full Time CUA401 13 Certificate IV in Dance	-	Y/N
Full Time CUA501 13 Diploma of Dance (Elite Performance)	-	Y/N

Method of audition:

Private Audition - Y/N

With Principals Rider D Vierling & Kristy Tancred : Please contact the studio via phone or email to arrange a date/time for the audition. A non refundable fee of \$60 is payable on the day of audition.

Date/Time arranged.....

Open Class audition - Y/N

By attending the regularly scheduled Open Class with the Principals of NBT and current students of the school. In type of audition, the applicant will be able to experience the style of training within the NBT class environment. Please phone the studio or email to arrange a date. A non-refundable fee of \$25.00 is payable.

Date arranged.....

Video Audition - Y/N

Video auditions can be sent for consideration by the Principals of NBT in the form of DVD, USB, or online link. Please include:

** Barre - Plies, Battement Tendu with Jete/Glisse, Battement Fondu with Adage, Grand Battement

** Centre - Battement Tendu with Pirouette, Petit Allegro, Grand Allegro

** Short Contemporary Sequence (Maximum of 3 minutes)

OR clear video of 1 Classical AND 1 Contemporary Solo

A non-refundable fee of \$40.00 is payable. Please contact the studio for more information.

Signed by Applicant

Parent/Guardian (if Applicant is under 18 years old) Date.....

For private or class auditions please return this audition form after you have arranged your audition date.

These can be emailed to - nbt1@live.com.au

Newcastle Ballet Theatre,
P O Box 60 Cardiff NSW 2285
Studio: 02 4917 3046

OFFICE USE ONLY: Audition Fee Paid