

Full Time Timetable - 2019

Tuesday

9.30-10:15	Own Warm Up	
10.30-12.00	Open Ballet	(RV)
12.00-1.00	Repertoire	(RV)
1.00-1.30	Lunch	
1.30-2.30	Contemporary	(BL)
2.30-3.30	Dance Appreciation	(RV - L)

Wednesday

9.00-9.30	Warm Up	(BDB)		
9.30-11.00	Open Ballet Class	(BDB)		
11.00-12.00	Pas de Deux	(RV)	11.00-11.45	Cert IV DTM Theory (OP - L)
12.00-12.30	Lunch			
12.30-1.30	Contemporary	(BDB)		
1.30.-2.30	Pilates	(BDB - 1)	1.30-2.00	Diploma Theory (OP - L)
1.30-2.00	Cert III Choreography	(2)	1.30-3.00	Extension Class (RV - 3)
2.00-2.30	Cert III Theory	(OP - L)		
2.30-3.30	Diploma Choreography	(1)	3.00-3.45	Extension Pointe (AH - 3)
2.30-3.00	Cert. IV Theory	(OP - L)		
3.00-3.30	Cert IV Choreography	(1 & 2)	3.00-3.30	Diploma Theory (OP - L)
3.30-4.15	Anatomy	(OP - 4)		

Thursday

9.30-10.00	Own Warm up	
10.00-11.30	Open Ballet	(MA)
11.30-12.30	Pointe	(MA)
12.30-1.00	Lunch	
1.00-1.45	Dance History	(MA - L)
1.45-2.45	Contemporary	(BL)
3.00-3.45	Swimming	

Friday

9.30-10.15	Stretch & Conditioning	(BL)		
10.30-12.15	Open Ballet	(JW)		
12.15-1.15	Pointe	(JW)		
1.15-1.45	Lunch			
1.45-2.45	Variations	(JW)		
2.45-3.45	Competition Coaching	(JW)	2.45-3.45	Pilates (BDB - 3)
4.00-5.30	Open Ballet	(MA)		

Saturday

9.30-10.30	Pilates	(JM)		
10.30-12.00	P/S/FT Open Ballet	(RV)		
12.15-1.00	P/S/FT Pointe	(KT)	12.15-1.00	Boys Class (S3) (RV - 3)
1.00-1.30	Lunch			
1.30-2.30	P/S/FT Pas de Deux	(RV)		
2.30-3.30	Open Age Classical Rehearsal	(RV)		

#s indicate Studio where class is taking place L - Lobby