

Newcastle Ballet Theatre - Full Time Timetable - Term 1, 2020

	Studio 1	Lobby / Studio 4	Studio 3	Gym
Tuesday	9.30-10.15 Own Warm up 10.15-12.00 Open Ballet (RV) 12.00-1.00 Repertoire/Rehearsal (KT/RV) 2.15-3.15 Contemporary (BDB) 3.15-4.00 Pilates (BDB)	1.30-2.15 Dance Appreciation (RV)		
Wednesday	9.30-10.15 Conditioning (KT) 10.30-12.15 Open Ballet (KT) 12.15-1.15 Pas de Deux (RV) 2.45-3.45 Contemporary (BL)	1.45-2.15 Diploma Theory (OP) 2.15-2.45 Cert. IV Theory (OP) 3.45-4.30 Anatomy (OP)	1.30-3.00 Extensions Ballet (RV/AH) 3.00-3.45 Extensions Pointe (AH)	1.45-2.15 Cert IV 2.15-2.45 Diploma
Thursday	9.30-11.00 Open Ballet (MA) 11.00-12.00 Pointe (MA) 1.30-2.45 Contemporary (BL) 2.45-3.45 Stretch (BL)	12.15-1.00 Dance History (MA)	11.00-12.00 Men's Coaching (RV)	
Friday	9.00-9.45 Swimming (Coughlans) 10.15-11.45 Open Ballet (KT) 11.45-12.45 Pointe (KT) 1.15-2.00 Contemporary/Rehearsal (BDB) 3.00-4.00 Choreography (BDB)		11.45-12.45 Men's Coaching (RV)	
Saturday	10.30-12.00 Open Ballet (RV) 12.15-1.00 Pointe (KT) 1.30-2.30 Pas de Deux (RV) 2.30-3.30 Snr Ballet Eisteddfod (KT/RV) 3.30-4.30 Snr Contemp. Eisteddfod (BL)		9.30-10.30 Pilates (JMc) 12.15-1.00 Boys Class (RV)	