

Newcastle Ballet Theatre

ENROLMENT FORM - ADULT BALLE

Newcastle Ballet Theatre is pleased to offer **Adult Classes**.

We will endeavour to make this a fun, friendly and informal class for those who have always wanted to learn the art of dance, or those more experienced, who are returning to dance. These classes are open to all levels of fitness and include a body conditioning warm up, a series of barre exercises and centre practice. The benefits include improvement in flexibility, strength and body awareness and is a fantastic way to tone your body and get fit while experiencing the joys of dance.

All ages from 16yrs are welcome!

What to wear: it is not necessary to wear a leotard and tights but you are welcome to if you wish. It is recommended that you wear something comfortable, such as Jazz pants, or leggings.

Footwear: Ballet shoes or socks

Cost per class: \$16.00 - Payable on the day/night for one weekly class

You can also purchase a 5 class card for \$72 or a 10 class card for \$144

Please detach the lower portion of this form and return it to the address listed below

Name:

Address:

Phone: Email:

Dance Experience, if any:

Medical Concerns/Injuries:

It is understood and agreed that all students dance at their own risk and no liability under any circumstances shall be undertaken by the principals or teacher for injury or loss of personal effects of clothing

Signed: Dated:

Enrolment form can be handed in when attending your first lesson or alternatively you can email to **nbt1@live.com.au**

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