

# NEWCASTLE BALLET THEATRE

TERM 3 2019

## Tuesday

9.30-10.15	Own Warm Up	
10.15-12.00	Open Ballet Class	(RV)
12.15-1.00	Variations / Concert Rehearsal	(RV / KT)
1.00-1.30	Lunch	
1.30-2.45	Contemporary	(BL)
2.45-3.30	Dance Appreciation	(RV)

## Wednesday

9.30-10.00	Warm Up	(KT)		
10.00-11.30	Open Ballet Class	(KT)		
11.30-12.30	Pas de Deux	(RV)	11.30-12.15	Cert. IV - DTM Theory (OP)
12.30-1.00	Lunch			
1.00-2.00	Contemporary	(BDB)	2.00-2.30	Cert. III Theory (OP)
2.15-3.15	Pilates	(BDB)	2.30-3.00	Cert. IV Theory (OP)
3.30-4.15	Anatomy	(OP)	3.00-3.30	Diploma Theory (OP)

## Thursday

9.30-10.00	Own Warm Up	
10.00-11.30	Open Ballet Class	(MA)
11.30-12.30	Pointe	(MA)
12.30-1.00	Lunch	
1.00-1.45	Dance History	(MA)
1.45-2.45	Contemporary	(BL)
3.00-3.45	Swimming - Coughlan's	

## Friday

9.30-10.15	Warm Up	(BL)		
10.30-12.15	Open Ballet Class	(JW)		
12.15-1.15	Pointe	(JW)		
1.15-1.45	Lunch			
1.45-2.45	Variations	(JW)		
2.45-3.45	Competition / Exam Prep	(JW)	2.45-3.45	Pilates (BDB)

## Saturday

9.30-10.30	Pilates	(JM)
10.30-12.00	Open Ballet Class	(RV)
12.15-1.00	Pointe	(KT)
1.30-2.30	Pas de Deux	(RV)
2.30-3.30	Concert Rehearsal	(KT & RV)